



BADRUTT'S PALACE
ST. MORITZ SWITZERLAND

PRESS RELEASE

#PALACE WELLNESS: GET ACTIVE. FREE YOUR MIND AND YOUR BODY WILL FOLLOW.

ST. MORITZ, MAY 2017 - Palace Wellness invites you through a seven day journey for your body, mind and spirit. Four holistic wellness programs focusing on stress reduction, releasing physical and emotional pain, establishing self-love and restoring balance and energy. Introduced and implemented by the team of experts at Palace Wellness. Radiating from inner to outer beauty; revive your skin with the popular »Vernix« facial from Biologique Recherche and renew the lustre of your hair with a visit to the Palace Coiffeur. Indulge and beautify from head to toe through pure and natural systems.

7 DAY WELLNESS PROGRAMMES

Summer is on its way. It's time to awaken and enliven your true self with one of the individualized 7 Day Wellness Programmes offered by Palace Wellness. It aims to achieve the best version of you.

Each programme starts with a personal consultation followed by yoga sessions, fitness and meditation classes as well as therapeutic treatments and massages specific to your individual needs. Choose from one of our four unique programs:

- Stress Management
- Releasing Physical & Emotional Pain
- A Journey to Self Love
- Balancing The Energy Flow

BEAUTIFUL FROM THE INSIDE-OUT

A natural process to renew your skin: The popular »Vernix« facial from Biologique Recherche is the perfect treatment for sensitive, overexposed or stressed skin. The unique »Vernix« formula treats signs of premature aging on the skin brought on by stress, sun damage or lifestyle imbalances. The treatment calms, reconstructs and regenerates whilst giving a tightening effect to the skin giving visible and long-lasting results. Wrinkles are smoothed, facial contours refined. The skin is strengthened, resulting in a more youthful appearance.

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NATURAL RENEWAL

Extend your beauty through wellness. Using natural products, our Palace Coiffeur pampers and beautifies your hair. Palace Coiffeur's wisdom is knowing that beautiful hair is achieved by restoring its health, quality and lustre. It has created unique systems of detoxifying, colouring, and treating the hair to give an overall healthier and more youthful appearance.

ABOUT BADRUTTS PALACE HOTEL

Be enchanted. From the discreet service to the traditional elegance. A captivating atmosphere. The relaxed luxury and the hotel's magic are what keep people coming back. Located in one of the most fascinating ski regions in the world. No end of summer Alpine activities. The ideal holiday destination. 157 rooms incl. 37 suites. Full house with 5 restaurants, 2 bars and a club. Member of The Leading Hotels of the World, Swiss Deluxe Hotels and Swiss Historic Hotels. Summer season 2017: 30th June to 10th September.

FOR FURTHER PRESS INFORMATION

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